



GIANTS INTERNATIONAL

Single Copy Rs. 12/-

Newsletter



31st December 2011

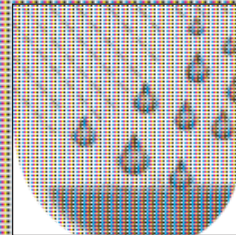
New Year Resolutions



Grow More Trees



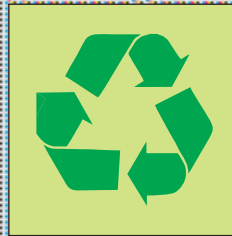
Save Girl Child



Rain Harvesting



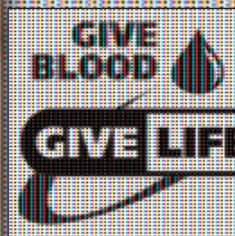
Save Water



Recycle



Help Differently Abled



Donate Blood



Fight Corruption



Donate Eyes

“Wish You A Happy & Prosperous New Year 2012”



GIANTS INTERNATIONAL

Prayer

ॐ सह नावतु सह नौ भुनक्तु
सह वीर्यं करवावहे ।

तेजस्विनावधीतमस्तु
मा विद्विषावहे ॥

ॐ शान्तिः शान्तिः शान्तिः ॥

May we work together
in peace and harmony
And enjoy the fruits of our
efforts by sharing with others
May our study be
vigorous and fruitful
May we not be jealous
of others achievements.
May peace prevail on earth.

GIANTS INTERNATIONAL NEWSLETTER

HON. EDITORIAL BOARD

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New Year resolution

Popular New Year Resolutions :

- ◆ Spend Time with Friends and Family ◆ Reach Office on Time
- ◆ Workout & Exercise ◆ Enjoy Life Without Fear
- ◆ Go for Trips & Outings ◆ Say No to Junk Food
- ◆ Quit Drinking & Smoking ◆ Read Books ◆ Keep House Clean

The list of resolutions in New Year never ends. Different people come up with thousands of innovative resolutions every year. Some remain abandoned, while some get fulfilled. The New Year resolutions help plan for the next year.

These resolutions made during the New Year have a religious connotation. This secular tradition started during Judaism's New Year, Rosh Hashanah, when one was supposed "to reflect upon one's wrongdoings over the year and both seek and offer forgiveness." This ritual helped in one's self-improvement annually. Following this tradition, today everyone makes their own resolution every New Year, be it on the 1st of January or by late January, and set their goals.

How to make New Year Resolution

Although many of us make a New Year resolution at the beginning of a New Year but we do it more out of a custom than with actual planning. Also, people don't spare much thought in finding out what he/she will actually like to achieve in the year. Hence, the success rate with New Year resolution is actually poor. Some tips therefore can become handy in making your New Year resolution a success.

Fix your target: What is really important to you? What do you want to achieve in the coming days? Setting your priorities will help you set your New Year's resolution better.

Make a realistic promise: When we promise, we promise big, without really considering the possibilities of achieving it at the end. This is one of the major causes of higher failure rate with New Year's resolutions. Hence, make yourself a realistic promise.

Make an optimistic promise: Try and look at the positive side of the promise. Leave the negative ideas aside. Hence, instead of saying that 'I'll not be late at my appointments' say 'henceforth, I'll reach everywhere in time'. The positive tone will help you improve your chances of success.

Break down big goals: If you have promised yourself a big thing set small targets at first. Instead of looking at the mammoth task on the whole, taking small steps towards achieving it will help you to reach the target easily.

Develop an other habit: We all know that some habits are hard to change. Hence, the best way to change an old habit is by developing an other engagement. If you have decided to quit smoking, find another engagement which will relax you and will take your mind away from smoking.



ANDHERI (Charter 20.11.1975):

- Second Unit Conference of Unit – 3, was hosted by the Group on 16th October, 2011, wherein many senior GIANTS officials as well as Members from different Groups participated.

BYCULLA (Charter 15.08.1986):

- Second Unit Conference of Unit – 1, cum 9th General Body Meeting was organized on 15th October, 2011. Many senior GIANTS officials as well as Mrs. Phalguni Mewawala of Phorum Jewels graced the occasion as special Guest. Different Appreciation Awards were presented, including Outstanding Group, President, Dir. of Admn., Monumental Project, New Member, Group Membership Retention, New Group Extension as well as for Hosting 2nd Unit Conference. * Health check-up camp cum contest was organized for senior citizens at Bombay Institution for the Deaf & Mutes. 98 patients were examined by Doctors & a medical team conducting different physical & medical tests followed by eye checkup. Guidance programme was also conducted for them on 'how important it is to take care of their health'. Shri Keshav Shenoy – Yoga expert educated them on yoga asans for their wellbeing. Comedy show was arranged on 'how to use gas safely' by Bharat Gas. Dr. Yusuf guided the patients on 'how to prevent high cholesterol'. Five of the best contestants were selected from each category and were awarded prizes along with distribution of consolation prizes. * Hearting aids were distributed to three needy children of deaf & mute school. * They completed the beautification & provision of additional facilities at Bombay Institution of Deaf & Mute, Mazagaon as their monumental project.

CHOWPATY (Charter 15.06.1977):

- Second Unit Conference of Unit – 2, was hosted by the Group on 7th October, 2011. Shri Narayan Varma, Dy. World Chairman, GIANTS Int. was the Chief Guest. Many delegates from different Groups participated. Different Awards including Outstanding Group, President, Dir. of Admn. as well Special Appreciation Award to Miss. Aakansha Mehta of Young GIANTS Division was given for her dedicated work to create awareness on SAVE GIRL CHILD. *



Dignitaries at 2nd Unit Conference.

Birth anniversary of Mahatma Gandhi was celebrated by garlanding his statue situated near Mantralaya. Sarvadharm prayer meeting was conducted, wherein people from all religions recited prayers including the Jain prayer, recited by Group Member – Mrs. Varsha Shah. * They along with Adore Charitable Trust, organized for three days, 'ADORE MELA' – an exhibition cum sale of articles prepared by differently abled people. Many eminent citizens including Shri Mangal Prabhat Lodha - MLA visited the exhibition and appreciated the differently abled people for their work and encouraged them by purchasing their products including bags, stationery, clothes etc. * World Elders day was celebrated jointly with Dignity Foundation. Shri Navin Shah, Dir. of Admn. & one of the Members of Dignity Foundation was felicitated for his dedicated work carried out for the society, especially for elders. * Wheat flour, sugar etc. were distributed to 30 inmate women of Shepherd Widow's Home. * 349 bottles of blood were collected at Blood Donation camps organized at different places in association with Regional Blood Bank of St. George Hospital. * Lunch was served to inmates of Shepherd Widows Home. * 197 Family Planning operations were carried out during the month.

JUHU (Charter 06.02.1973):

- Get-together was organized for Group Members and their families along with special Ras – Garba programme. * They actively participated in 2nd Unit Conference of Unit – 3, held on 16th October, 2011, and won many Awards including Best D. A., GIANTS



Group members performing religious aarti.

Service Week, Best Service Project & Appreciation Certificates for Best President, Best Group, Joint D.A., Service project for special children by Young GIANTS Division for their excellent performances as Group/individuals during the year.

MUMBAI METRO (Charter 14.02.2002):

- Seven economically challenged families were supported by providing them ration for one month. * Snacks were served to students of Rehabilitation Centre (street & orphanage), Umarkhadi branch. * Financial support was given to Jamali Mohallah Tanzeem Committee for their event to benefit the community at large.

SANTACRUZ SWAVLAMBAN SAHELI (Charter 16.07.2010):

- Members actively participated in different exhibition cum sales organized by local NGO's for Small Savings Group. * They participated in second Unit Conference of Unit – 3, and won Outstanding Group Award for their services rendered during the year. * Snacks and sarees were distributed to 200 poor & needy widows in association with Kulswamini Trust.

SOBO CITY (Charter 25.05.2011):

- Teachers Day was celebrated in a Deaf & Mute School. The premises were decorated for the celebration. Cake was cut by the hands of School Principal followed by different games for school children as well as teachers. Snacks were served to all students, teaching & non-teaching staff. * Blood Donation camp was conducted at Saifee Hospital. 145 bottles of blood were collected. Appreciation Certificates, Blood Donor's Cards and refreshments were given to all the donors.

ISLAND CITY (Charter 12.06.2010):

- In memory of the martyrs and victims who came under the terrorist attack on 26/11, Giants Group of

Island City organized a Blood Donation Camp on 26th November, 2011 in collaboration with Parmath Seva Samithi, Indian Red Cross, State Blood Transfusion Council and Central Railway Mazdoor Sangh. * The blood donation camp was organized at 12 stations all over Mumbai on Central and Western line; **C.S.T, Churchgate, Dadar, Bandra, Ghatkopar, Nerul, Andheri, Malad, Bhayender, Thane, Mulund and Kalyan.** 2150 patients were screened and diagnosed for routine health check-up and nearly 1200 units of bloods were collected from



Dignitaries at Blood Donation camp.

all the stations. Refreshments were distributed to all the donors. The donors were also given certificates and donor cards. The event was graced by Padmashri Nana Chudasama, Shri Kripa Shankar, Shaina N.C, Mr. Nooruddin Sevwala and other dignitaries from Giants International. * A one-day Mumbai Darshan tour for 50 orphans from Dreamz Home, Malad. The tour started from The Gateway of India and 32 points were visited. Children were provided with snacks and lunch during the day. Members interacted and played with the kids and several gift items such as badminton rackets, skipping ropes etc. were gifted to the kids. Each child was given a gift bag with toiletry items such as soap, shampoo and oil

OBITUARY



Shri Sharad M. Aradhye, senior Member & Former Director of GIANTS Group of Aurangabad passed away on 25th November, 2011.

We pray for his soul to rest in Peace.



BHIWANDI (Charter 12.07.1985):

- Craft competition was organized for students of Pragati Andh Vidyalaya, Badlapur on International Blind Day & Winners were awarded prizes. Seminars and speeches were also arranged for students on



Dignitaries at Blood Donation camp.

different subjects, wherein many students participated.

* Two pairs of eye donations were gratefully received from Late Kishore B. Dodhia & Late Bharat S. Shah.

* They continue with their Family Planning operation camp at IGM hospital on every Friday.

* Blood Donation camp was organized on the occasion of Gandhi Jayanti in association with Lions Club of Bhiwandi. 71 bottles of blood were collected. Shri Suresh Tawre, Hon'ble Member of Parliament was the Chief Guest on this occasion. * They continue with their T. B. check-up camp on first Sunday of every month at Shandar Market, Bhiwandi, where many patients are benefiting. * Fruits were distributed to 190 inmates of a Remand Home, Bhiwandi.

DOMBIVLI (Charter 04.04.1981):

- Drinking water facility was made available for thousands of devotees participating in the immersion procession of Lord Ganesha on Ganesh Visarjan day. * GIANTS Service Week was observed by carrying out various projects including visit to Sandhya Chhaya Ashram where they donated essential commodities for the benefit of old inmates. Medical checkup camp was organized at Nandivli – nearby rural area. Many patients were examined by Doctors from different faculties including Dentist, Ophthalmic, Gynec etc. and free medicines were given. Seminar was conducted on Interview techniques under Personality Development programme for students of Manjunath College of Commerce. Awareness programme was held for school students on 'Science today' with emphasis on Atomic Energy. Eye & Dental checkup

camp was held for local people and necessary medical treatment, advice and medicines given. Essay writing & Bhagwad Geeta recitation competitions were held and Winners were awarded prizes. On the concluding day of GIANTS Service Week, eminent personalities from different walks of life namely Shri G. R. Patil – Education; Er. V. R. Deshpande – Industry; Shri Anil Waghadkar – Business & Dr. R. J. Dalvi – Sports were felicitated with DOMBIVLI GIANTS AWARDS – 2011 for excellent work in their chosen fields. On this occasion meritorious students as well as Teachers were felicitated for their achievements. * Members visited Maitri – an old age home and distributed diwali sweets to old inmates.

GHATKOPAR CENTRAL (Charter 20.02.1986):

- Felicitation & prize distribution programme was organized at K. J. Somaiya College at Vidya Vihar. Six distinguished service personnel including Sanskrit Scholar – Shree T. S. Sundar Rajan were felicitated for excellence in their chosen fields. Winners in various competitions held during GIANTS Service Week were awarded prizes and Appreciation Certificates. * Scholarships were given to three economically challenged Engineering Graduate students.

KALYAN METRO (Charter 12.03.1997):

- Life Insurance policies were distributed to 100 old people Sponsored by TATA AIG on the occasion of Senior Citizen Day. * They participated in the project "Mental Health" organized by India Medical Association – Kalyan. Mrs. Vijayanthi Gholap – Mayor KDMC was the Chief Guest. Dr. Mukesh Shah – President IMA, Dr. Sandeep Jadhav – Neurologist participated in the project. 15 schools of Kalyan participated with banners on the subject. Birla School received the Trophy for overall performances including Dress code, Parade, Slogans on Banners. On this occasion



Members receiving Outstanding Group Award.

children performed a Musical dance. * Past Presidents of the Group actively participated in Past President Forum Meeting held at Dombivli and enjoyed the enlightening talks on Yoga for Stress Management and on Social Work. * Members participated in the 2nd Unit Conference of Unit – 4, held at Vittalwadi and reported their activities carried out during the year. Many Awards/Appreciations were bagged including Outstanding Group, President, Dir. of Fin.. Two of the senior Group Members Shri S. P. Kakarmath & Shri Prakash Banare were felicitated with Appreciation Awards on this occasion.

MANOR (Charter 31.10.2006):

- Sports activities & dance programme was organized for school students on the occasion of Mahatma Gandhi's Birth anniversary. 27 students participated and Winners were awarded prizes. * Sweets were distributed among adivasi families during Diwali festival. * Eight poor & needy patients were transferred from Manor to city hospitals, by the Group's ambulance during the month.

MANOR SAHELI (Charter 09.01.2009):

- Rangoli competition was organized on the occasion of Mahatma Gandhi's birth anniversary. Winners were awarded prizes. * Sweets & sherbet were distributed to poor families in local areas during Diwali festival.

THANE CITY (Charter 07.05.2002):

- Notebooks & school stationery were distributed to poor & needy students of Daffodil School at Karjat. * Inauguration & Installation ceremony of New Group,



Dignitaries inaugurating the Charter Banner of GIANTS GROUP OF NEW DELHI.

GIANTS GROUP OF NEW DELHI was on held on 19th November, 2011, at New Friends Colony Club House, New Delhi. Mr. Jiji Thomson, IAS – Director General of Commonwealth Games – 2010, was the Chief Guest. Shri Rajesh Joshi – Central Committee Member & Shri Upendra Menon – Special Committee Member graced the occasion.

URAN (Charter 09.01.2009):

- Drinking water facility was made available for devotees participating in Ganesh Immersion procession on Anant Chaturdashi at Vimala Talav in Uran in association with State Bank of India, Uran Branch. 45 bottles of 20 litres were distributed. * Marathi drama “Jungli Bana” directed by Shri Pravin Kumar Bharde and approved by Maharashtra State Paravaran Mandal was staged in a local Ganesh pandal during Ganesh festival. The drama was based on ‘how to protect the surroundings illegally destroyed by the builders’.

ULHASNAGAR (Charter 08.10.1982):

- Second Unit Conference of Unit – 4, was hosted by the Group. Many eminent dignitaries as well as Members from different Groups participated and reviewed the progress of GIANTS movement in and around their areas.

ULHASNAGAR SAHELI (Charter 01.03.2000):

- Navratri festival was celebrated by organizing Garba dance for all nine days with the support of local ladies groups. Best dancers were awarded prizes. * Members actively participated in 2nd Unit Conference of Unit – 4, hosted by GIANTS Group of Ulhasnagar at Vittalwadi. Different awards including Outstanding



Dignitaries at 2nd Unit Conference.

President, Dir. of Admn. etc. were won by the Group. * Food grains were given for 15 needy girl students from two different schools along with stationery articles & eatables sponsored by Mrs. Sunanda Bobde – Past President, to celebrate the arrival of her grandson. * Lamps, ball pens, pencils, sweets, clothes etc. were distributed to 100 orphan children of Kotwalwadi Trust at Nerul.

YOUNG GIANTS OF KALYAN METRO:

- Members actively participated in Past Presidents Forum Meeting held at Dombivli. * They attended 2nd Unit Conference of Unit – 4, held at Vittalwadi, wherein they received Outstanding Young GIANTS Division award for their excellent performance during the year.



DHULE SAHELI (Charter 30.06.1997):

- Rain Water harvesting project was organized at Nagar, Dhule. * 25 bottles of blood were collected at a Blood Donation camp at Vishram Bhavan. * On the occasion of Birth anniversary of Mahatma Gandhi his statue was garlanded. Rashtriya seva rally was also organized on this occasion. * Members visited a local school on the occasion of death anniversary of Former Prime Minister of India – Late Lal Bahadur Shastri and delivered an enlightening talk on his social life. * They visited Jyoti Balak Ashram and distributed refreshments and crackers to children suffering from AIDS, on the occasion of diwali festival. * Tube lights, containers for cereals, Mixer-Juicer



Dignitaries lighting diya at 2nd Unit Conference.

were donated to Jyoti Balak ashram. * Financial help was given to 7 needy patients for their eye operation on the occasion of World Blind Day. * Nutritious food for new born babies and clothes to mothers were distributed under SAVE GIRL CHILD project. * Second Unit Conference of Unit – 2, was hosted on 30th October, 2011, wherein many dignitaries from GIANTS family graced the occasion. Different Awards were won by the Group for their excellent performance during the year. * Sports event was held for students of a local Girls School and Winners were awarded prizes.

DONDAICHA (Charter 07.07.2003):

- Free eye checkup & cataract operation camp was held in association with Pravin Optical. 117 patients were examined out of which 56 cataract detected patients were directed to Silvasa for free cataract operation at Bhojraj Eye hospital. * Members participated in 2nd Unit Conference of Unit – 2, held at Dhule. Three Awards including Outstanding Dir. of Admn., Active Member and Eye check-up project were awarded to the Group.

KHAMGAON (Charter 10.04.1977):

- Five Group Members donated their blood at Sony Pathology Lab., on National Blood Donation day. On this occasion Dr. Soni delivered an enlightening talk on Blood Donation project. Pamphlets were also distributed at local bus stands and general hospitals in Khamgaon to create awareness about blood donation. * Birth anniversary of Mahatma Gandhi



Members celebrating Kojagiri festival.

was celebrated by garlanding his statue followed by a talk on his social life. * 20 saplings were planted in an open space of Abhay Nagar. * Kojagiri festival was celebrated in a local school. Different entertainment programs were performed by the school children. * Sweets were distributed to all Group members on the occasion of Diwali.

NAGPUR GREEN CITY (Charter 03.02.1997):

- Awareness programme was organized on SAVE GIRL CHILD project. Fruits were distributed to patients in local hospitals. * Members participated in a religious Satsang programme organized on Vishwakarma birth anniversary. * Free health checkup camp was held, wherein 150 persons were examined and free medicines given. * Family Planning & Welfare programme was organized in a local hospital. 60 ladies were motivated for Family Planning operation.



Dignitaries at AIDS awareness project.

Appreciation Certificate, mementoes etc. were presented to each operated lady. * 80 bottles of blood were collected at a Blood Donation camp. * AIDS awareness programme was held in association with Indian Institute of Youth Welfare at 'Khushi Clinic' for long distance Truck drivers. General checkup, STI diagnosis & treatment, HIV testing were conducted for them followed by a street play on the subject. 160 drivers and 15 general people benefited. * Eye checkup camps were held on different days, wherein many patients were examined and free spectacles were given to needy patients. Cataract detected patients were operated in a local Eye hospital. * Dental check-up camp was held, wherein 250 patients benefited. * Financial help was given to one needy patient.

SHINDKHEDA (Charter 03.05.2010):

- Blood donation camp was organized during Ganesh festival, wherein 30 bottles of blood were collected.
- * Dr. (Mrs.) Supriya Songhadkar – one of the Group



Blood donation camp in progress.

members visited Shirpur to deliver a talk on "Female Foeticide" for college students. * Members attended 2nd Unit Conference of Unit – 2, held at Dhule. Four Awards were received including Best President, Dir. of Admn., Best Medical checkup camp & Blood Donation camp.

YOUNG GIANTS OF AKOLA PRIDE:

- 60 plastic bowls were distributed for water for birds.
- * Pamphlets and posters on Anti Tobacco project were distributed in local areas. * Members protested against black money and supported Ramdev Baba's movement, * Tree plantation project was carried out in nearby areas and 25 saplings were planted. * Sweets & fruits were distributed to inmates of Mother Teresa Orphanage. * Umbrellas were distributed to 15 poor & needy persons. * Old clothes and medicines were distributed at Melghat area among needy malnourished people on Friendship



Members distributing clothes & medicines.

day. * Candle march was arranged in support of Anti Corruption movement started by Social activist – Shri Anna Hazare. One day token fast was also observed on the subject. * They motivated people to purchase clay idols during Ganesh festival. Pamphlets were also distributed to create awareness on the subject. * Ganesh Darshan competition was organized for all Ganesh mandals in and around Akola and Winners were awarded prizes. * Members actively supported local Government bodies to observe peace and discipline among the local citizens during Ganesh immersion day. * Fruits and food grains were distributed at Mother Teresa orphanage and Tukaram hospital orphanage. * Awareness programme was held to spread the message of Safe Diwali and not to burn crackers to avoid air pollution. * Members celebrated diwali festival with inmates of old age home.

The Amazing Human Body

It takes your food seven seconds to get from your mouth to your stomach.

One human hair can support 6.6 pounds.

Human thighbones are stronger than concrete.

A woman's heart beats faster than a man's.

There are about one trillion bacteria on each of your feet.

Women blink twice as often as men.

The average person's skin weighs twice as much as the brain.

Your body uses 300 muscles to balance itself when you are standing still.

If saliva cannot dissolve something, you cannot taste it.



AURANGABAD (Charter 11.09.1978):

- Cultural programme “Geet Bahar Orchestra” was arranged on the occasion of Kojagiri celebration for



Dignitaries at Multi Unit Conference.

Group Members and their families. * Multi Unit Conference of Unit – 1 – 5, was hosted on 14th October, 2011.

AURANGABAD SAHELI (Charter 22.11.2000):

- Wheat & Rice bags, blankets, food articles, sitting mat etc. were donated in a mentally retarded Home for children. * Chess tournament was organized and Winners were awarded prizes. * Different competitions including Chess tournament, Fancy dress competition, Dandia & Garba raas etc. were held and Winners were awarded prizes. * Health checkup camp was conducted for children, wherein 180 children were examined and free medicines given. * Bicycles were donated to poor & needy persons. * Bed was donated to a poor woman. * Financial aids were given to poor & needy persons to start their own business; towards construction of their house etc.. * Leprosy camp was held, wherein many leprosy patients were examined and necessary advice given.



Children receiving foot-wear & snacks.

* Many articles including bed sheets, Blankets, sarees, shirt-piece etc. were distributed to needy leprosy patients. * Blood Donation camps were organized, wherein 37 bottles of blood were collected. Thousands of pamphlets were also distributed to create awareness on importance of blood donation among local people. * Financial aid was given to a poor person to start his own small business. * 65 saplings were planted in a local school premises. * Eye checkup camps were held on different days, wherein many patients were examined for different eye sight problems and free spectacles were distributed to needy patients. * Iron bench was donated in a local temple. * General health checkup camp was held for ladies and free medicines given. * Food grains were distributed in a local old age home ahead of diwali festival. * Snacks and foot-wear were distributed to school children. * 25 chairs were donated in a local primary school. * Exhibition cum sale was arranged, wherein articles prepared by differently abled children were exhibited. * Steel cupboard was donated in a local school. * Blood pressure checkup camp was held, wherein 50 patients benefited. * Dental checkup camp was held, wherein 63 patients benefited. * 50 children were given polio dose, under Pulse polio immunization project. * Clothes, sarees & sweet boxes were distributed to employees working in M. G. M. Hospital. * Tree plantation project was carried out. 60 saplings were planted. * Hand pump was installed in a nearby village. * General checkup camps were held at different places & many patients benefited. * Instrumental competition was organized and Winners were awarded. * Skin diseases checkup camp was organized in a local hospital. 65 patients were examined and necessary advice given. * Clothes were distributed to poor students of Differently abled school. * Fancy dress competition was held for primary school students and Winners were awarded prizes. * Water tank was donated in a local school. * Building material was donated for a local school for construction of a school building. * Financial aid was given towards marriage of poor girl. * Slide & School registers were donated in a local mentally retarded school. * One pair of eye donation was gratefully received from Kabra family.

DEULGAON RAJA (Charter 01.11.1993):

- Ganesh Darshan contest was organized and Winning Ganesh mandals were awarded prizes. * Teachers

were felicitated on Teachers Day. * Blood donation camp was held, wherein many people donated their blood. * AIDS awareness programme was held followed by blood checkup camp. * Two pairs of eye donations were gratefully received from Late Tukaram Gavli & Late Rampyaribai Kabra. * Tree Plantation project was carried out on arrival of Federation – 2A, President in a local area. * School uniforms and sweets were distributed to poor & needy school children. * Eye checkup camp was organized, wherein many patients were examined and necessary advice given. * Religious bhajan programme was organized for local people. * Guidance programme was conducted for farmers on Maharashtra Krushi Din. * Food was served to thousands of devotees participating in Pandharpur yatra. * Awareness project was organized on 'Save Environment'. * Memorandums were given to local Govt., M.S.E.B. & railway authorities to repair local roads, reduction of load shedding to start long distance trains from the district. * Awareness rally was arranged on 'Avoid Plastic'.

LASUR STATION (Charter 14.03.1996):

- Biscuits were distributed to local school children. * 41 bottles of blood were collected in a Blood Donation camp organized on Independence day. * A rally was organized to create awareness on 'Save Trees – Save Environment'. Many school children and local people participated. * 137 ladies were operated under Family Planning operation camps in local Govt. hospitals. Milk, biscuits and fruits were distributed. * Welcome Board was inaugurated by the hands of Dr. Subhash Joshi, Fed. Vice President. * General medical checkup camp was organized in association with M. G. M. hospital, Aurangabad. 350 patients were examined by different faculty Doctors including Gynec, Pediatric, Cardiologist, Physician etc., and necessary medical treatment, advice and medicines given. * Dental camp was conducted for local school students. Thousands of students were examined and necessary dental treatment given followed by talk on 'importance of cleanliness of teeth'. Tooth brush and Tooth paste were distributed. * Food was served to poor people residing near Ganesh temple. * Eminent school teachers were felicitated on Teachers Day. * Fodder was distributed in a local gaushala. Birth anniversary of Mahatma Gandhi and death anniversary of Lal Bahadur Shastri were observed by garlanding their photos followed by enlightening talks on their social life. *

MOHOL (Charter 03.05.1985):

- Many service activities including Tree plantation project, fruits distribution to patients, blood grouping

camp etc. were organized on the occasion of 64th Birthday of Founder Group President – Shri Keshavrao Gaikwad.

VAIJAPUR SAHELI (Charter 02.04.1998):

- Guidance programme was organized on International Blind Day, wherein Dr. Joshi delivered an enlightening talk on the subject at Shreeram hospital. * Cooking classes were conducted for ladies. Smt. Sushila Zambak taught different recipes to participating ladies. * Diwali greetings and snacks were exchanged among Group members and Young Division Members on Diwali festival. * Homage was paid to Former Prime Minister of India – Late Indira Gandhi on her death anniversary. * Family Planning camp was conducted at Dr. Tambe hospital. Many ladies were motivated to adopt Family planning programme. * Awareness programme was held on 'importance of blood donation' followed by blood donation camp.



Cooking class in progress.

Many ladies donated their blood. * Elocution competition was held for students of girl's school and Winners were awarded prizes. * Different cultural & entertainment programs were held on Kojagiri festival. *

WALUJ (Charter 06.12.1991):

- Dental check-up camp was held at Neha clinic. Dr. Anand Nahar examined about 105 patients and gave necessary dental treatment and advice. * Diwali festival was celebrated with Members and their families. Traditional lamps were lit and colourful rangoli design of Goddess Laxmi were made. Welcome speech was delivered by Mrs. Darshana Katariya.

Thought not for the day, but for lifetime:-

As long as we don't FORGIVE people who have HURT us, They occupy a RENT-FREE space in our HEART AND MIND!

• • •

God answers Prayers in three ways.

He says YES and gives you what you want, He says NO and gives you something Better. He says Wait and gives you the BEST.



BAGANI (Charter 09.06.1997) & YOUNG GIANTS OF BAGANI:

- Gandhi Jayanti was celebrated by garlanding the Mahatma's photo followed by an enlightening talk on his social life. Talk on Vyasana Mukti was also arranged on this occasion. * Dandia raas programme was organized during Navratri festival in a local area. * Diwali greeting boards were displayed in and around area during Diwali festival.

BARAMATI SAHELI (Charter 08.11.2004):

- Modern Rangoli design training programme was organized, wherein Mrs. Neeta Boravke, taught participating ladies. * Health checkup camp was held, wherein many ladies were examined and free medicines given.

BHILWADI (Charter 21.09.1994):

- Castle competition was organized. 25 persons including children participated and Winners were awarded cash prizes. Appreciation certificates were distributed to all the participants.

CHIKURDE (Charter 10.11.2004):

- Financial assistance was given to a poor barber towards his operation to remove a tumor from his neck. * Felicitation programme was organized, wherein brilliant students who achieved academic success in their S.S.C. & H.S.C. examinations were awarded 15 students benefited. * Talk on Yoga "ONKAR" – Yoga sadhana was arranged for local people. Yoga expert – Mrs. Poornima Mandalik guided the participants. * Condolence meeting was organized to pay respects to Late Shri R. S. Tambade – Founder Group President.

ISLAMPUR SAHELI (Charter 22.06.2001):

- Teachers Day was celebrated at Deaf & Mute Students School. School teachers were felicitated for their great contribution and devotional work in the field of education. * Gouri Decoration competition was organized during Ganesh festival. The criterias for the competition were environmental friendly decoration, minimum use of plastic, religious atmosphere and other things. 20 families participated and Winners were awarded prizes. * Religious function was organized during Ganesh festival. Folk dance programme was held, wherein 200 ladies participated. On this occasion Dr. (Mrs.) Suvarna Mali delivered a talk on 'Women's Health'. * Drawing competitions were held at Deaf &



Tree Plantation project.

Mute Students School as well as in local Z. P. School for three different age groups on different subjects. Many students participated and Winners of each age group were awarded prizes. * Tree plantation project was carried out at Deaf & Mute School premises and many saplings were planted. * Hair Style & Ukhane competitions were held for ladies. Many ladies participated and Winners of both the competitions were awarded prizes. * AIDS awareness posters were distributed among the local people to create awareness on the subject. * "What we do for our India? a letter written by former President of India – Dr. A. P. J. Abdul Kalam for citizens to make India a superpower by 2020 were distributed. * Pamphlets regarding environment were distributed among the school students. * Talk was delivered on Artwork, Drawing & Painting in a local Z. P. School. Mrs. Gauri Paramane delivered a talk with demonstrations on artwork, how to paint on pot, ceramic painting, drawing, embossing, making of flower pots, wall paper etc. * Dr. (Mrs.) Suvarna Mali delivered a talk on 'how to take care of deaf & mute children, their diet, health, importance of cleanliness' etc. for the parents. * Lecture was arranged on 'importance of traditional dance, song, games and women's health'. * Digital flex banners were displayed in 10 Ganesh pandals during Ganesh festival to make the people aware about 'importance of SAVE GIRL CHILD'. * Unit Council Meeting of Unit – 3, was hosted by the Group, wherein many Officers from different Groups had participated.

JAYSINGPUR SAHELI (Charter 02.06.2006):

- Speech competition was organized at All Jaysingpur Primary School. 200 students were participated & Winners were awarded prizes. * August Kranti Day was celebrated in association with 'Jayprakash Khadi Gramodyog Bhandar', wherein dignitaries



Blood Donation camp in progress.

including Sou. Anita Kolekar – Mayor of Jaysingpur Municipal Council garlanded Mahasthambha at Kranti Chowk. School students participated in a get-up of our National leaders followed by singing patriotic songs. Freedom fighters of the city were honoured on this occasion for their contribution in Freedom movement. * Fund Raising programme “Ayushwar Bolu Kahi” was organized. * Awareness programme was conducted on ‘Indian Law’. Many eminent guests enlightened the participants on various Indian Laws. * Speed Skating Road Race Championship was held in three different categories. Many school students participated and Winners were awarded prizes. * World Literacy day was celebrated, wherein Members taught uneducated women to write basic words and to sing a prayer and songs. Fruits were distributed. * Mrs. Shashikala Choudhari delivered a talk on ‘Importance of Hindi Day’, to the students of a local high school. * They participated in Independence Day celebration in a local Girls High School. Flag hoisting ceremony was held followed by singing of patriotic songs and distribution of sweets to school students. * Steel Bowls were donated to Sharad Institute of Engineering college on Engineers Day. * Tree Plantation programme was organized on World Ozone Day, wherein 100 saplings were planted in I.T.I. College premises. * Teachers Day was celebrated, wherein photo frame of Dr. Radhakrishnan was garlanded followed by Fancy dress competition for school teachers on the subject ‘Save Girl Child’ & ‘Environment’. Talks on ‘Importance of Education’ were given for school students. * Medical checkup camp was held for pregnant ladies followed by a talk on ‘how to take care during pregnancy period’. 100 ladies benefited. * Karmaveer Bhaurao Patil’s Birth anniversary was celebrated by garlanding his statue and an enlightening talk on his life was given before school students. Rally was held, wherein many teaching & non-teaching school staff, students, Members of Rotary Club etc. had participated. * Guidance programme was held for girl students and their parents on ‘Health hygiene’. Sanitary napkins

and guidance books were distributed. * School uniforms were distributed to 300 school students. * 101 bottles of blood were collected at a Blood Donation camp organized at Sharad Institute of ‘Technology of Engineering’ College. * Free Bone Mineral Density camp was organized at Dr. Nailin Patil’s Hospital. 100 people above 40 years were examined and necessary treatment and advice given.

KOLHAPUR YOUTH (Charter 06.01.2011):

- Presentation on Stress Management was arranged for staff members and faculty of Magnus College, Kolhapur to get relief from their busy schedule of lectures and work. * Tribute was paid to Rashtrapita Mahatma Gandhi by wearing ‘Khadi’ and trying to lead a Swadeshi Life. * Members visited house of Prof. Pradhyumn Kulkarni, who gave some information on how rain water can be saved and re-used. Inspired from this visit, one of the Group officers, Shri Mayur adopted this project at his factory premises. * Bio-compost making project was undertaken in one of the Group Members garden. * Religious bhajan programme was held on the occasion of Kojagiri festival followed by a small talk on importance of the day. * Five steel tiffins with sweets were distributed to local school authorities for distribution among poor school children. * Anti pollution stickers were pasted on their neighbour’s doors with the message ‘clean & safe diwali’. * Five lanterns were distributed to poor families during diwali festival. * Bamboo plants were planted in the premises of Mr. & Mrs. Deshpande as a welcome to their new born baby girl.

MADHAVNAGAR SAHELI (Charter 09.01.2004):

- Teachers Day was celebrated at Ganesh Mandir Hall. Many teachers from different Groups including Group Members were felicitated for their contribution in the field of Education. * Health check-up camp was organized for children of Madhavnagar High School. Dr. Sharad Ghatge and his Medical team examined about 350 children and gave necessary guidance for their diet and health. Dr. Ghatge also demonstrated Pranayam for healthy life. Sweets were distributed to all children. * **Atharvashish** of 21 **Avartane Pathan** was organized, wherein many children and ladies participated. Milk and fruits were distributed to all school children. Shri Durga **Saptashati Pathvachan** programme was organized, wherein 80 ladies participated. **Haldi kumkum** programme was held for ladies. * Health checkup camp was organized in association with Vidhyarthi Vishwasta Nidhi at Shanti Niketan Bal Vikas Kendra, Sangli. 789 students were examined and necessary treatment & advice

related to healthy diet etc. were given. * **Bhajan** programme was organized, wherein Swanand Mahila Mandal presented many religious **bhajans**. * Felicitation programme of senior citizens was held, wherein many senior citizen ladies were honoured for their valuable contribution in the field of social, religious and health programs. * Guidance programme was organized for 'He and She'. Dr. Pradeep Patil delivered an enlightening talk on 'Why there are differences of opinions, thinking and behavior between male & female' through a power-point presentation. Question/answer session was also conducted on this occasion. * Birth anniversary of Mahatma Gandhi & Death anniversary of Lal Bahadur Shastri were observed by paying tribute to them followed by oath given to school students to 'keep our nation corruption free'.

MALGUND GANPATIPULE SAHELI (Charter 24.08.2004):

- Members worshiped in a local temple for long life of World Chairman, Shri Nana Chudasama on his birthday followed by an enlightening talk on his contribution to the society. * Shri Vinayak Bapat, delivered a talk on different medicinal plants available in and around the surroundings and their importance followed by felicitation of Shri Bapat for being honoured with 'Vasudhara Award'. * Awareness talk was delivered on Eye Donation by Mrs. Ujjawala Bapat. 12 ladies consented to fill-up Eye donation form. Four ladies who had already filled Eye donation forms were presented Appreciation Certificates. * Rangoli competition was organized for school children on 'Nature' and Winners were awarded prizes. * Picnic was arranged, wherein participants were explained about the importance of nature by showing them different beauties of nature. * Get-together was arranged for ladies, wherein different subjects were discussed.

RANKALA CHOWPATTY (Charter 09.02.2008):

- They jointly with Shri Nandi Tarun Mandal prepared a live show on 'SAVE GIRL CHILD' & 'Female Foeticide' during Ganesh festival for local people. The show was well appreciated and received first prize of Ganesh Darshan competition organized by Dainik Tarun Bharat and Altra Tech Cement. Many activities including Sapling distribution, Tree Plantation, Haldi kumkum programme for ladies, Environmental project, Cleanliness drive etc. were organized, wherein many local people benefited. Many awareness programs including Body donation, Eye donation etc. were organized. * Health check-up camp was held, wherein 200 persons suffering from knee problems

were treated without any surgical operation.

RATNAGIRI (Charter 24.08.2004):

- On the eve of diwali festival, sweets were distributed to 50 residents of leprosy colony and 12 patients of a leprosy hospital.

RATNAGIRI KUWARBAV SAHELI (Charter 12.08.2009):

- Clothes & fruits were distributed to residents of a leprosy colony. * Sports dresses were distributed to poor & needy students of a local school. * Dental checkup camp was conducted for school students, wherein many students were examined and necessary dental treatment given. Tooth paste & tooth brushes were distributed to all students. * Personality Development programme was held at Sangmeshwar.

SANGLI (Charter 10.05.1976):

- Dr. Chandrakant Patil, delivered an informative and educative slide show on religious Chardham Yatra. * Prize distribution ceremony was organized for the Winners of a painting competition held during GIANTS Week at Deaf & Mute School, Sangli. Mrs. Manisha Chirputkar, clerk working at the school was felicitated



Doctors examining school children.

for her efforts in getting a donation of Rs. 25,000/- for the school. * Financial aid was given to the deaf & mute school, towards purchase of slates and other writing material for the students. * Medical checkup camp was held for deaf & mute school students. 70 students were examined for dental as well as general health and necessary advice given. * Talk on Drugs & Tobacco addiction was arranged for local ITI School. 200 students and teachers benefited.

SANGLI VISHRAMBAUG SAHELI (Charter 04.03.2009):

- Drawing & Elocution competitions were organized on the subject "Biography of Mahatma Gandhi" for children living in a Leprosy Camp at Meghjiwadi, Sangli. 20 children participated and Winners were awarded prizes. * Financial aid was given to one needy disabled patient towards his further medical treatment. * Wall clock was donated for Clinic of a Leprosy Colony. They continued with their health

checkup camp for Leprosy patients with the support of Dr. Aarti Padsalgikar. Clothes were also distributed to needy leprosy patients. * Postal Day was celebrated at Wanlesswadi Post office. Members discussed with Postal staff about their services and work. Post Master and Postmen were felicitated on this occasion. * Eye check-up camp was organized at Anuradha Eye hospital. 35 persons were examined and necessary advice and free medicines given. Guidance programme was also conducted on 'importance of



Members at inaugural ceremony of wards in old age home.

eyes', various types of eye infections, eye care & importance of eye donation etc by the experts. Many people filled Eye donation pledge forms. * Family Planning camp was organized at Nitve hospital, wherein Doctors explained various kinds of Family Planning programs along with importance of family planning & gyneac problems. Free Gyneac checkups were also conducted on this occasion. * Medical checkup camp was held for ladies, wherein Dr. Seema Sathe extended her valuable services and examined ladies for their B. P. & H. B. levels. Many ayurvedic tips were also given to ladies. * Shed was constructed at Laxminagar Kupwad bus stop for the benefit of local people. * They had arranged separate wards for ladies & gents patients at Old Age home, Kupwad for patients suffering from different diseases. * Sweets were distributed to patients admitted in a civil hospital as well as to inmates of an Orphanage & local Aids Centre on the occasion of Diwali festival. * Mrs. Sangita Kale delivered a talk on 'Importance of Savings' and different investment plans of LIC & Postal Dept. on World Savings Day.



President
Vrindavan O. Parikh
(Home Group: G.G. of Indrapuri Vadodara)

25 Groups in Gujarat



CITYLIGHT SURAT (Charter 05.04.2011):

- Compass boxes were distributed to 20 needy school students. * Clothes were distributed to needy people at Chok Bazar and Bhagal area of Surat city. * Two eminent Doctors of the city were felicitated for their valuable contribution in the field of Medicine. * Tree Plantation project was carried out in the surroundings of Chandan Park. * Members visited Saree factory with S.V.N.I.T. students to witness the work of the factory. * Maha Arati with 108 diyas was organized on first day of Navratri utsav.

GREATER SURAT (Charter 01.02.1984):

- Two Blood donation camps were organized during the month at different days in association with Noorani Friends Forum and Tadkeswar Yuvak Mandal & GIPCL. 126 bottles of blood were collected from both the camps with the support of Lokhat Blood Bank & Charitable Trust & Surat Raktadan Kendra & Charitable Trust. Carry bags were gifted to each donor as a token of Appreciation. * Eye donation was gratefully received from the family of Late Shri Dalpatbhai G. Mehta. Dr. Praful Siroya from Lokdarashti Eye Bank extended his services. Appreciation Certificates & Eye donation awareness booklets

were distributed among their family members. * On the occasion of Annual General Body Meeting of Surat Raktdan Kendra & Research Centre, the Group was felicitated with a trophy for collection of maximum bottles of blood by an NGO during the year 2010-11. * Food grains and household materials were donated to a needy widow. * Bed sheets were



Group Members receiving Appreciation Award for Blood Donation projects.

donated to inmates of a leprosy hospital as per their requirements.

INDRAPURI VADODARA (Charter 01.07.1991):

- Financial assistance was given to a needy patient suffering from liver problems for his liver transplantation. * They continued with their Orthopaedic equipment distribution project on deposit basis for needy patients. Five patients were benefited during the month.

KARCHELIA (Charter 17.05.1996):

- Fancy dress competition was organized during Navratri festival. 40 persons participated and Winners were



Fancy Dress competition.

awarded prizes. * '**Chandani Padvo**' religious festival was celebrated in a local school ground.

MANJALPUR VIBHAG (Charter 31.03.2001):

- Five pairs of eye donations were gratefully received during the month in association with Hari Seva Trust. * They continued with their Free Cataract operation camp with IOL implantation project jointly with Shree Vallabh Seva Arogya Trust, Shree Hari Seva Trust, & Blindness Control Society of the District. 100 persons were examined, out of which 10 patients were given free spectacles & 1 patient underwent cataract operation. * Free Diabetes checkup camp was held, wherein 800 senior citizens were examined and necessary medical advice given. * Eye check-up camps were organized for students of different schools in Manjalpur in association with District Blindness Control Society, Vadodara. Many students were examined and necessary advice and spectacles were given. * Blood donation camp was organized, wherein 25 bottles of blood were collected. * Tree plantation project was carried out in local premises. Many saplings were planted. * Blood Grouping camp was held at Sharda Mandir, wherein many people benefited.

MAROLI VIBHAG (Charter 31.03.1982):

- Cattle camp was organized in association with Zilla Panchayat, Navsari and Bhagwan Mahaveer Vishwa

Kalyan Trust at Chhinam village. 112 animals were



Cattle camp in progress.

examined and free medicines were given along with necessary advice for animal care.

NIZAMPURA VADODARA (Charter 28.09.1999):

- They continued with their free Diabetes checkup camp on second Thursday of every month. 75 senior citizens were benefited. * Free Career guidance



Diabetes checkup camp in progress

programme was organized at Joshi Academy for college students to provide guidance for Master courses.

SACHIN VIBHAG (Charter 18.01.1989):

- Garba programs were organized in two different schools during Navratri festival. Many school students as well as local people enjoyed the programme.

SARJITA SAHELI ANKLESHWAR (Charter 11.04.2007):

- Four ladies were motivated for Family Planning operations under Groups Family Planning & Welfare project conducting at Ami Nursing Home, Ankleshwar.

SHRUJA SAHELI (Charter 26.05.2011):

- Fancy dress competition was organized for inmates of Observation home. 35 inmate children participated and Winners were awarded prizes. * Different competitions were arranged for school children. 45

children participated in lemon spoon and musical chair competitions and Winners were awarded prizes. * Tree plantation project was carried out in a local factory premises, and 25 saplings were planted. * Clothes and utensils were distributed to needy families residing in slum areas. * 'Datta Bawan' path programme was arranged for inmates of an old an



Members distributing clothes & utensils to poor families.

age home. Religious books were distributed to them. * Awareness programme was organized on SAVE GIRL CHILD in local Girls school. Informative talks were delivered on the subject before girl students and local people. * Fruits and glucose powder packets were distributed to 80 patients of Rajpipla Civil hospital.

SILK CITY SURAT (Charter 24.04.2005):

- Sarees were distributed to 320 poor woman and widows of Surti Modh Vanik during diwali festival. * Blood donation camp was organized at Udhna in association with Atmiya Mitra Mandal. 118 bottles of

blood were collected with the support of Doctors of Surat Raktadan Kendra and their staff. * Sarees sponsored by one of the Group Members – Shri Harishbhai Chokhawala were distributed to 33 widows at Surti Modh Vanik. * Lunch was served for inmates of Observation home as well as old age home and their staff members.

ZADESHWAR (Charter 16.08.2011):

- Inauguration & Installation ceremony of the Group was held on 21st August, 2011 in a local School hall. Shri Kaushik Patel and his team of Board Members were installed as Founder President and Board members respectively in the presence of august dignitaries from GIANTS fraternity. * Awareness



Dignitaries presenting Presidents Medal to Founder President.

programme was held on 'Global Warming' in a local School. Shri Arvind Panchal, Immd. Past President of GIANTS Group of Bharuch explained the reasons and measures to prevent Global warming. * Old clothes and food were served to poor patients and their relatives at Civil Hospital, Bharuch.

HA! HA! HA!

A British man came to Sheikh and asked: Why is it not permissible in Islam for women to shake hands with a man?

The Sheikh said: Can you shake hands with Queen Elizabeth?

British man said: Of course not, there are only certain people who can shake hands with Queen Elizabeth.

Sheikh replied: Our women are queens and queens do not shake hands with strange men.

Then the British man asked the Sheikh: Why do your girls cover up their body and hair?

The Sheikh smiled and got two sweets, he opened the first one and kept the other one closed. He threw them both on the dusty floor and asked the British, if I asked you to take one of the sweets which one will you choose?

The British replied: The covered one.

The Sheikh said: That's how we treat and see our women.





AHMEDABAD MAIN (Charter 31.10.1989)

- Sweets were distributed to 160 poor persons residing in Ramapir Tekra area of Ahmedabad on the occasion of Diwali celebration.

AHMEDABAD MAIN SAHELI (Charter 05.10.1998):

- They continued with their Sukhadi (Hygienic food) distribution project for poor & needy pregnant ladies from backward class. 28 ladies benefited.

AHMEDABAD NORTH SAHELI (Charter 08.01.2008):

- Lunch was served to 51 students of Gurukul at Ambajee. * Sweets were distributed to poor adivasi families on the occasion of Diwali festival.

AHMEDABAD SHAHIBAUG (Charter 14.07.1993):

- They continued with their Ram Roti project, wherein they distributed food to poor & needy cancer patients and their relatives in a Civil hospital on every Wednesday. Many people benefited.

BHUJ (Charter 22.06.1976):

- Sweets, biscuits and chocolates were distributed to poor children residing in slum areas. * Sweets and snacks were distributed to children of a Blind School & inmates of a Remand a Home. * Steel cupboard and 96 books were donated to Ram Krishna Yuvak Mandal, Bhuj for the benefit of poor students of Ramnagar. * Many games and competitions were organized for students of a local primary school and Winners were awarded prizes. Sweets were also distributed. * White uniforms were donated to 52 orphan girls of Mahila Kalyan Kendra, Bhuj. * They continued with their Acupressure centre and Homeopathy clinic for the benefit of local people. Many people benefited.

BOTAD (Charter 10.02.1994):

- Medical check-up camp was organized in association with Botad Nagar Palika on Gandhi Jayanti under Nirmal Gujarat project. 76 employees of Nagar Palika Cleaning dept. were examined by eminent Doctors and necessary medicines given for one week. * Fodder and green grass were distributed among cattle at Dhakaniya sponsored by one of the Group Members Shri Imranbhai Ravani.

CHANASMA (Charter 10.09.1999) & YOUNG GIANTS OF CHANASMA:

- They continued with free tiffin service for poor &

needy patients around their area. * Sweets & snacks were distributed to many needy & poor families during diwali festival.

DHROL SAHELI (Charter 25.06.2011):

- Inauguration & Installation ceremony of the Group was held on 11th August, 2011, in the presence of many eminent GIANTS dignitaries. Smt. Sudhaben Khandheriya and her team were installed as Founder President and Board of Directors on this occasion. * Eye check-up and Cataract detection and operation camp through Facio surgery was organized at Kharva village. 400 poor & needy old aged people from rural areas were examined and necessary treatment given. 41 cataract detected patients were operated. * Awareness programme was organized on SAVE GIRL CHILD, wherein one act play, '*Ek Chitthi Pyar Bhari*' etc. were arranged to create awareness among the people on the subject.

DIU (Charter 30.12.2005):

- Members visited mentally retarded children school "Vatshalya" and served breakfast to them and spent some time with them. Many entertainment programs were performed by the school children. Drawing competition was organized for students and Winners were awarded prizes.

JAMNAGAR SAHELI (Charter 30.06.2001):

- Fancy Dress competition was organized on National Independence Day for school children. Many students participated and Winners were awarded prizes. * Raksha Bandhan festival was celebrated in a local play group. All the children tied Rakhies on each other. Snacks and chocolates were distributed to the children. * Saplings were planted at Narayan Nagar, Jamnagar. * Food grains including 5 kg. of wheat were distributed to five poor T. B. patients in different areas. * National flags were presented to Air Force Commanders as part of Independence Day celebration. * Rally was organized to celebrate victory of Social activist – Shri Anna Hazare over Corruption. * Different competitions including Mehendi, Saree draping, Bridal make-up, Essay, One minute game, Sack race, good handwriting etc. were held for local people and Winners were awarded prizes. * Tree Plantation project was carried out in a local premises. * Musical programme of Lok Varta, Bhajan etc. were held for local people. * Old & new clothes, foot-wear and Curd were distributed to poor T. B.

patients. * Toys and snacks were distributed to mentally retarded children. * Musical competition followed by distribution of Ice-cream was held in a blind school. * Computer course training was held for needy school children. * Snacks were served to poor families residing in slum areas. * Readymade clothes were distributed to poor people in local areas. * Tailoring course was conducted for poor & needy ladies for one month. Sewing machines were given to needy girl students. * Fancy dress competition was held for aganwadi children and Winners were awarded prizes. * Mahatma Gandhi's photo frame was garlanded on his birth anniversary. * Clothes and food were distributed to poor roadside dwellers.

MAHUVA (Charter 14.11.1992):

- Get-together was organized for Group Members and their families on the occasion of New Year, according to Gujarati calendar.

MANDVI (Charter 01.07.2002):

- 14 needy persons were benefited at Group's ongoing

Free Legal advice centre organized by one of the Group Members – Adv. Deepak Soni. * Quick Answer test on General Knowledge was conducted for Primary school teachers. Many teachers from different schools in Mandvi taluka participated and Winners were awarded prizes. * 101th Free Hemoglobin checkup camp was organized for poor & needy pregnant ladies. 122 ladies were examined and one months medicines were distributed to those, with deficiency of hemoglobin level.

MEHSANA SAHELI (Charter 22.02.2011):

- Two new Groups i.e. **GIANTS GROUP OF GANDHINAGAR GREATER & GIANTS GROUP OF GANDHINAGAR CAPITAL** were sponsored and were inaugurated in the month of October, 2011, in the presence of an august gathering.

SIHOR (Charter 22.07.1981):

- On the occasion of Navratri utsav, prizes were awarded to Winners of Garba Ras programme organized during nine days of Garba.



President 33 Groups in Tamil Nadu (17) & Kerala (16)
Dr. Nirmala Pandiarajan
 (Home Group: Gr. Madurai Saheli)



ARUPPUKOTTAI (T.N.) (Charter 15.09.2001):

- Shri S. Mohamed Yusuf – Headmaster – Govt. Hr. Sec. School & Shri M. Pannerselvam, Post Graduate Assistant in Devanagar Boys Hr. Sec. School were



Felicitating of Best Teachers.

felicitated for being awarded with Dr. Radhakrishnan Award from Tamilnadu Govt. * Food distribution project was carried out for the inmates of Sri Annai old age home.

CALICUT (KERALA) (Charter 17.01.1983):

- Family get-together was organized for Group Members and their families. Prof. Vimla John, Head of Dept. of History (Retd.) of Providence Women's college, Calicut was the Chief Guest. Prof. John delivered a



Prof. Vimla John delivering a talk.

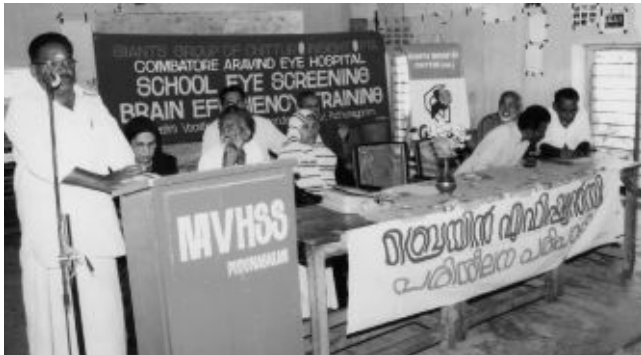
talk on 'Bonding of Indian joint family set up and stressed that this bonding is seen only in India and it is the ancestral culture of Indian society'.

CHENNAI SAHELI (Charter 16.02.2010):

- They continued with their financial assistance project towards nutrition of AIDS affected women. * Baby clothes including nappies were distributed to 40 new-born babies in a local general hospital. * Free medical camp was conducted for children, wherein 42 children were examined and free medicines & advice given. * Dinner & towels were distributed to old and destitute women of a local old age home. * Notebooks were distributed to 40 poor & needy students of Annai Theresa Orphanage for disabled children.

CHITTUR (KERALA) (Charter 08.06.2001):

- Tree Plantation project was carried out on the side of Parakkulam road in Perematty Panchayat. 75 saplings were planted by the hands of Smt. Sheeba Radhakrishnan, Vice President of Perumatty Gram Panchayat. * Free Eye checkup camp was organized in association with Progressive Youth Movement and Ahaliya Eye Foundation, Kozhipara in a local school premises. 235 patients were examined and necessary treatment, advice and spectacles were given to needy patients. * Cash donation was given to a needy cancer patient for his further medical treatment. * Financial assistance was given to one



Brain Efficiency training programme in progress.

needy lady patient towards her heart disease treatment. * Lucky dip was organized for fund raising and they collected a sizable amount towards Group's service activities. * Tree Plantation project was held at Chittur area during GIANTS Service Week. * Members collectively cleaned the surroundings and compound of Govt. Hospital, Chittur. * Food and sweets were served to the patients and their relatives in a local Govt. Hospital. * Health awareness project was carried out, wherein Doctors of different faculties from a Govt. hospital gave preventive measures to the participating people about various diseases.

COIMBATORE (T.N.) (Charter 25.10.1985):

- Food was served to poor people on the occasion of Vinayagar Chathurthi. * Tree plantation project was carried out at Gowley Brown Road. Many saplings were planted. * **Bhajan** (devotional songs) programme was held followed by food distribution to poor & needy people at Jal Ram temple. * Free eye checkup camp was organized. 118 patients were examined, out of which 12 patients were operated for different eye corrective surgeries. Seven bottles of blood were also collected during the blood donation camp. * 'POO KALAM" (Flower display) contest was organized and Winners were awarded prizes. * 100 nos. of cement bags were donated at Saradambal

Temple – Veda Padasalai for laying cement flooring.

COIMBATORE SAHELI (T.N.) (Charter 16.11.2000):

- Financial support was given to one poor & needy family to celebrate Diwali festival in a joyous manner. * Sweets were distributed to 10 needy families during Diwali festival.

ELAPPULLY (KERALA):

- School uniforms were distributed for 55 poor & needy students of a local Govt. High School.

GREATER MADURAI (T.N.) (Charter 10.09.1981):

- Inaugural ceremony of GIANTS Service week was held at Y.M.C.A., Madurai. * Health awareness programme was organized, wherein expert doctors gave many health tips to local people. * Members visited old age home and spent few moments with old inmates and shared their thoughts. * AIDS awareness programme was organized at FPAI Centre at Ellis Nagar. * Tree plantation project was carried out at Sri Meenakshi Gaushala premises. * Awareness programme was held on Anti Corruption movement.

GREATER MADURAI SAHELI (T.N.) (Charter 08.11.2002):

- Food distribution project was carried out on two different days for inmates of old age home. Many inmates benefited. * Sweets were distributed to senior citizens on the occasion of Diwali festival. * Eye donation awareness article was published in local newspaper to create awareness on the subject.

KOLLENGODE (KERALA):

- School uniforms were distributed for 186 poor students of two different local Govt. Schools. * Sweets were distributed for students at Vadavannur Panchyat. *



Members distributing school uniforms.

Family get-together was arranged for Group Members and their families. * Fund raising programme was organized to raise fund for service activities of the Group. *

MADURAI (T.N.) (Charter 25.11.1974):

- Inauguration of GIANTS Service Week was held at YMCA, Madurai. Dr. Republica Sridhar was the Chief Guest on this occasion. He delivered a talk on the needs of 'Palliative Care Centre' at Madurai. 50 kg. rice and provision was given to an old age home at Villapuram. * Cash donation of Rs. 10,000/- was given to an orphanage at Alagappan Nagar for the benefit of 25 orphan inmates. * First aid programme was held jointly with GIANTS Group of Madurai Mathangi. Video show was conducted and practical training to 320 students of a local Engineering College was given * Blood Donation camp was held in association with Lions Club, Meenakshi Mission



Material help to needy project in progress.

Hospital and Rajaji Govt. hospital. 217 bottles of blood were collected. * Learning aid in the form of Cassettes was donated to S.S.C. students of a Blind School. 25 students benefited. Sweets were also distributed to 325 blind school students. * Eye checkup camp was organized for Engineering College students at Vasan Eye Care Hospital. 405 students and staff were examined and necessary treatment given. * Valedictory function was held, wherein Ln. P. S. Nandakumar, M.J.F. District Governor was the Chief Guest.

MADURAI HERITAGE (T.N.) (Charter 15.03.2010):

- Inaugural ceremony of GIANTS Service Week was held at YMCA Hall, Madurai in the presence of senior GIANTS officials including Dr. (Mrs.) Nirmala Pandiarajan, President – Federation – 4, as Chief Guest. * Bone density checkup camp was organized at Anu Nursing Home. 130 persons above 45 years were examined and necessary advice given. Public awareness about Arthritis and Care of aged people was also conducted. * Books were donated to Panchayat Union Library Middle School. * Sweets were distributed to inmates of an orphanage home. * Food was served for 100 mentally retarded children



Members distributing sweets to orphan children.

at Dr. Maria M. S. Special School. * Tree plantation project was carried out at Govt. Nethaji Middle School. 100 saplings were planted in and around the school. * Valedictory function of GIANTS Service week was held in the presence of Shri Anver Tayub – Dy. World Chairman, GIANTS International.

PALAKKAD (KERALA) (Charter 13.03.1984):

- Tree plantation programme was organized at St. Gregorious Church Poothanur, Mundur. Different varieties of saplings including neem, Teakwood etc.



Tree Plantation project.

were planted in the church compound.

PALAKKAD FORT (T.N.) (Charter 25.08.2009):

- Financial aid was given to a needy & poor lady cancer patient at Kollengode & to a needy family.

TRIVANDRUM (KERALA) (Charter 03.12.2004):

- Financial aid of Rs. 3,000/- was handed over to patients of Cancer Remedy Assistance Bureau for their food expenses.

YOUNG GIANTS OF COIMBATORE (T.N.):

- Sweets and fruits were distributed to the inmates of Home for the aged on the occasion of Diwali festival.



CHANDAUSI (U.P.) (Charter 28.01.1983):

- They welcomed Shri Chayan Mondal a Member of Bangal Eye Society at Chandausi, during his National Eye Donation Awareness cycle rally. On this occasion an awareness programme was held for local people, wherein Shri Mondal enlightened the people about importance of Eye Donation.

CHANDAUSI SAKHI SAHELI (U.P.) (Charter 10.01.2009):

- **Bhajan Sandhya** (Devotional songs) programme was organized on the occasion of Navratri festival.



Old woman receiving financial aid.

Many Saheli Members and local people participated and enjoyed the programme. * Get-together was organized for Group Members, wherein Saheli Members got a discount on Cosmetic materials given by one of the Group Members – Smt. Sunita Saxena.

Different games were also held on this occasion and Winners were awarded prizes. * Financial aid was given to a poor & needy woman to repair the roof of her house.

DATAWALI (U.P.) (Charter 05.11.2003) & YOUNG GIANTS OF DATAWALI:

- Fruits were distributed to people residing in nearby slum areas on the occasion of Birthday of Dr. Shiv Raj Singh Yadav, Federation – 5 Vice President. * They continued with their various ongoing projects including Medical aid & Food grains for blind students of Sparsh Andh School; Financial help and daily needs for poor families; free education for poor and disabled student; free yoga camps at different places; free electrical work at Sparsh Andh Vidhayalay; Weekly medical aid in a local hospital; Free Asthma checkup & X-ray, Ultrasound and complete pathology test for needy people. Many children below five years were given polio doses under Pulse Polio Vaccination programme.

DIBIYAPUR SAHELI (U.P.) (Charter 15.10.2001):

- Second Unit Conference of Unit – 3, was hosted by the Group on 12th October, 2011, wherein many senior GIANTS officials and Group officials participated



Dignitaries at 2nd Unit Conference.

and reviewed the progress of GIANTS movement in and around their areas. Appreciation awards were distributed to different Groups/individuals for their excellent performance during the year.

ETAWAH (U.P.) (Charter 25.01.1994):

- Fruits, biscuits, sweets, snacks etc. were distributed to 80 poor children residing in nearby slum areas. * Blood Grouping checkup camp was held at Agrawal Homeo Clinic, wherein 100 people were benefited. * Free Dental checkup camp was held at Anand Clinic, wherein 50 patients were examined and treated by Dr. Aditya Sharma. * 200 tulsi plants were distributed at Vijay Nagar area, followed by an enlightening talk on the importance of Tulsi plants. * Awareness programs were held on Water



School children with School Van donated by the Group.

Conservation & Female Foeticide, wherein many guest speakers expressed their views on the subjects. * Bone Density checkup camp was held, wherein 110 patients were examined and necessary advice given. * Bathing & Washing soaps were distributed to poor patients in a local T. B. Hospital. * A vehicle

was donated to Saraswati Shishu Mandir to facilitate children to attend school. * They continued with their free tuition classes for poor & needy school children. * They also continued to extend cash donations for poor patients towards their medical treatment.

ETAWAH MAITREE (U.P.) (Charter 01.01.2001):

- Tree Plantation project was carried out at A. V. S. College premises. 150 saplings of Neem, Mango, Amla, Gumohor etc. were planted in the college premises. * Workshop was held, wherein cooking classes, handicraft, beautician, tailoring etc. skills were taught by the experts & many local people including girls benefited. * Different competitions i.e. *Rangoli, mehendi, fancy dress, kalash Sajja* etc.



Small child receiving prize.

were held and Winners were awarded prizes. * Dental checkup camp was organized at R. K. s. Academy, for primary class students. Many students were examined and necessary dental advice given. * Hand-writing competition in Hindi & English languages were organized for local school students and Winners were awarded prizes. * Painting & slogan competitions were held for deaf & mute children at Lala Lajpat Rai Junior High School. Quiz competition was also organized for blind students and winners were awarded prizes. Colours, fruits and biscuits etc. were distributed to participating students. * Seminar on Personality Development was held. Dr. Mukul Gupta given enlightening talk on the subject. * Bone Density checkup camp was held, wherein 130 patients were examined by Orthopedic Doctors from Civil hospital and necessary advice given. * On the final day of GIANTS Service Week, Winners of different competitions & teachers who conducted the workshop were felicitated.

ETAWAH SAHELI (U.P.) (Charter 01.07.1998):

- Mahatma Gandhi birth anniversary was celebrated with Govind Vihar School children. Talk on the life of Gandhiji was delivered to children followed by distribution of fruits and sweets. * Ten children including girls were given admission in H.C.L. Institution for Computers and Beauticians course.

FIROZABAD ADARSH (U.P.) (Charter 05.01.2006):

- Fruits and biscuits were distributed to 300 needy patients admitted in District hospital.

FIROZABAD SAHELI (U.P.) (Charter 01.01.2010):

- Tribute was paid to Mahatma Gandhi & Lal Bahadur Shastri on their Birth & Death anniversaries respectively by garlanding their photos and delivering talks on their social life. * Diwali festival fair was organized for local people. Different plays were arranged to create awareness on Corruption, Save Girl Child and Environment. Many competitions like Rangoli, Handicraft, Drawing, Envelop making etc. were held and Winners were awarded prizes.

MATHURA VASUNDHARA (U.P.) (Charter 03.11.2009):

- Awareness campaign was started to 'SAVE RIVER YAMUNA', wherein members made an appeal to local people to not pollute the river water by throwing polythene bags etc. * Human chain was made in support of Social activist – Shri Anna Hazare's movement against Corruption. * Special Movie screening was organized for Group members and their families. * Women Empowerment programme was organized, wherein women workers who excelled in their chosen fields were felicitated by the hands of local M.L.A. – Shri Pradeep Mathur and other senior GIANTS officials. * Health talk show was held at Krishna Nagar to spread the message of "Change our daily life, to have a healthy life". * Blood Donation



Dignitaries felicitating Women achiever.

camp was organized in district hospital, wherein many Group members donated their blood for use during a medical emergency. * Tree plantation project was carried out in a local school premises. 250 varieties of saplings were planted with the support of school authorities and students. * Dance pe Chance programme was organized, wherein many students from different schools participated and showed their

hidden talent. Winners were awarded prizes. * Drawing competition was organized for mentally retarded and handicapped children & winners were awarded prizes. * Concluding day of GIANTS Week was celebrated in a different way, wherein members dressed and played different characters of mythological dramas and played different games according to the theme.

Federation 6

President
Jyothi Venkatesh
(Home Group: Hubli Central)

35 Groups in Karnataka



BELGAUM PARIWAR (Charter 06.10.2007):

- Shoe maker woman – Mrs. Shanta Kamble was felicitated for her hard work and efforts to make shoes on the roadside as her husband met with an accident and became handicapped. * Mother of a handicapped child was felicitated for bravely giving birth to a handicapped child and giving him all the knowledge including drawing, Computers, G. K. etc. * Shri Anand Patki was felicitated for giving excellent



Dignitaries presenting prizes.

services through his guidance talks for drunkards to prevent them from drinking liquor. * News Board was installed at Acharya Galli, Shahapur for the benefit of local people. * Prize distribution of Best Ganesh Idol & Mandap contest, organized during GIANTS Week, was held. Shri Shankar Gouda Patil – Chairman, Karnataka Forest Corporation was the Chief Guest.

BRAHMAVAR (Charter 11.02.2008):

- Installation ceremony of the Group for the year 2011-12, was held in the hall of Spandana Mentally challenged School, in the presence of our august gathering. Food & clothes were distributed to 40

students of the school. * Free Dental camp was conducted in association with other local NGO's in a Higher Primary School. 100 people were examined and necessary dental treatment along with information on dental care was given. Tooth paste & tooth brushes were given to all the patients. * Scholarships were distributed to 10 deserving students from economically challenged group. * Stress management programme was conducted for school students, wherein experts advised students on how to reduce stress during examinations. * Mega Tree plantation programme was carried out at University College ground with the support of 200 students of Eco Club of the college and other Govt. Dept. Thousands of saplings were planted at different places. * Blood Grouping camp was conducted in a local primary school followed by stress management programme. 300 students benefited from both the programs. * Free medical & eye checkup camp was conducted, wherein 150 staff members of MESCOM, were examined for blood sugar, E.C.G. and free medicines given. * Health checkup camp including Eye, Skin and General checkup was conducted. 200 persons were examined and free medicines and medical advice given.

GHATAPRABHA (Charter 19.01.1994):

- Eye Donation awareness camp & Youth festival was organized in association with Nehru Youth Centre, Belgaum. Shri L. B. Dodamani spoke on the importance of Eye Donation followed by eye donation pledge taken by 40 participants including GIANTS members. * In association with Ghataprabha Music Circle, they organized a programme to create awareness of Karnataka languages and to celebrate the World Music Day at Ghataprabha. His Holiness – Shri Chandrashekhar S. Mahaswamiji of Hukkeri graced the function. A Musical programme was also held on this occasion. * Inaugural ceremony of "NAGE HABBA"



Tree Plantation project.

was held in the presence of eminent GIANTS dignitaries. * Tree plantation programme was carried out in a local primary school & many saplings were planted. * Musical programme was organized on the occasion of 1st death anniversary of Late Pt. Dr. Puttaraj Gavayi.

SAUNDATTI (Charter 01.01.2002):

- Free Mental Health checkup camp was organized in a local Govt. Hospital. 125 patients were examined by a team of specialist Doctors and awareness was created on the importance of mental health.

SAUNDATTI RENUKA SAHELI (Charter 02.08.2005):

- Birth anniversary of Father of the Nation – Mahatma Gandhi was celebrated at GIANTS bhavan by garlanding his photo followed by enlightening talks on his contributions to the Nation. * Sarees & bed sheets were distributed to leprosy patients at a Govt. Hospital. * Science Exhibition was organized



Leprosy patients with Members.

in a local Girls School, based on Agriculture & Technologies and sub-topic – ‘Protection of Agricultural field by forming automatic compounds by advanced technologies’.

UDUPI (Charter 19.01.1994):

- Inauguration of GIANTS Service Week was held, wherein Shri K. Raghupati Bhat, local M.L.A. was the Chief Guest. Four Teachers namely Smt. Kalyani

Pai, Jc. Narendra Kota, Shri Kalmady Shekar Poojary and Smt. Agnes H. Kunder from different Schools were felicitated for their contribution in the field of Education on Teachers Day. * Ten Overs Cricket tournament was organized at Parkala High School. Winners and Runners up teams were awarded cash prizes and trophy. Individual performance and officials were also honoured on this occasion. * Free Eye checkup camp was organized in rural area. 214 patients were examined and free medicines given, out of which 64 patients were given free spectacles. 17 cataract detected patients were operated without any cost. * Bhajan programme was held in association with Ganesotsava Samittee. Famous bhajan teams were invited for this programme. * Peer Pressure Training programme was organized for girl students. Dr. Pushpa G. Kini – Paediatric, KMC, Manipal guided the students on the subject. * Fruits were distributed to 148 poor patients of a Govt. Hospital in Udupi. * Variety competitions i.e. Drawing, Essay, Story writing, Singing etc. were organized for students of Vasudeva Kripa English School. 125 students participated and Winners were awarded prizes. * Valedictory of GIANTS Service Week & Engineer’s Day Celebration programme was held, wherein GIANTS Members who are Engineers by profession were honoured along with felicitation of Shri M. L. Samaga, President – Karnataka Yakshagana Bayalata Academy. * ‘Walk for Heart’ was organized on World Heart Day in association with Hi-tech Medicare Hospital, Udupi, Dhanwantari School of Nursing, Udupi & NSS Wing of Milagress College. 400 students and people walked about 5 km. to spread the message of Heart Care.

Nana's Banner



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KATNI SAHELI (M. P.) (Charter 17.09.2006):

- Financial assistance was given to 25 poor & needy school children towards their school fees. * Eye check-up camp was organized in association with District Hospital, Katni. 302 patients were examined,



At Free Eye check-up & Cataract operation camp.

out of which 84 patients were selected for cataract operations and were operated without any cost followed by IOL implantation. Spectacles were distributed to needy patients. Food and medicines were to all the participant patients. * Cupboard, Clothes, Ornaments, Utensils and other useful articles were donated to a poor girl towards her marriage ceremony. * Three senior Group members were felicitated for their dedication to the social cause. * Tricycle was donated to a needy disabled lady. * Two drinking water fountains were set up in the city for the benefit of passers-by. * Navratri utsav was celebrated, wherein many activities including fancy dress competition, Kalash yatra etc. were arranged and gifts were distributed. * Sherbet and drinking water was served to devotees on God Parshavram Jayanti. * Cash donation was given to a needy girl towards her marriage. * Sewing machine was donated to a poor woman to meet with her livelihood. *



BHARATPUR SAHELI (Charter 12.10.2000):

- Get-together was organized to celebrate religious festival for married women. Different articles relating to this festival were distributed to participating women. * Sweets, oil etc. were distributed to eight poor & needy families residing in nearby slum areas on the occasion of Diwali festival.

BHILWARA (Charter 01.01.2005):

- School bags were distributed to 57 poor & needy students of two different village schools. * Diwali Sneh Milan programme was organized on the occasion of Diwali festival. Many GIANTS members with their families participated and enjoyed different games including housie and various entertainment programs. *

BHILWARA SAHELI (Charter 20.09.2005):

- Members actively participated in 'Joy of Giving' project organized by leading Newspaper – Dainik Bhaskar. Food grains were distributed to hundreds of poor families on this occasion. * Green fodder,

nutritious food & 'Lapsi' were fed to cows in Kamdhenu Gaushala for good health and enhancing their milk productivity on the occasion of Govardhan Pooja and Annakoot festival. * Anti Crackers drive was organized, wherein members took an oath to not to use crackers with their families during Diwali and other festivals to save the environment. * They actively participated in Diwali Sneh Milan programme organized for GIANTS Group of Bhilwara at Kanchi Resorts.

JODHANA (Charter 21.02.2011):

- Inauguration & installation ceremony of the Group was held in the presence of an august gathering and eminent dignitaries. * Cooking classes were conducted as Groups ongoing project for ladies & various recipes were taught by the experts. * Different days including World Red Cross Day, Mothers Day, International Family Day, World Cultural Development Day etc. were observed and various activities were undertaken on those days. * Demonstration of Stitching was held in association with Usha International Ltd. Experts from Jaipur gave knowledge on Creative

designing, smoking, lace work, maintenance of machine etc. to participating ladies. * Salad competition was organized for ladies and Winners were awarded prizes. * Many activities were held during Hindi Week including 'Kuch Kaho' & Doha recitation competitions for school children and Winners were awarded prizes.

JODHANA SAHELI (Charter 23.02.2009):

- Different activities were conducted during GIANTS Week including Salad making, flower making, mehendi, Doha recitation etc. & competitions were held, wherein many people participated and Winners were awarded prizes. * Garba & Dandia raas training programme was conducted, wherein many girls and ladies participated and learnt many garba & dandia steps. * Many activities were held during Hindi Week including 'Kuch Kaho' & Doha recitation competitions for school children and Winners were awarded prizes. * Important days including Teachers Day, International Leprosy Day, International Ozone Day, World Deaf Day etc. were observed and relevant activities were organized. * Cooking classes were conducted for ladies, wherein many recipes were taught by the experts.

JODHPUR (Charter 1979):

- Blood donation camp was organized, wherein 51 bottles of blood were collected for the use of needy patients during emergencies in the presence of Shri Kailash Bhansali – local M.L.A. and others. * Food grains, sweets & Crackers were distributed to Mahaveer Balika Girls hostel. * Fruits and biscuits were distributed to poor patients at Mahatma Gandhi hospital. * Biscuits & fruits were distributed to students of a Blind School on International Blind Day. * Tree Plantation project was carried out at Sankat Mochan Hanuman temple premises & many saplings were planted.



Blood Donation camp in progress.

Federation 10



President
Mahabaleshwar Dessai
(Home Group: Porvorim)

32 Groups in Goa



DHAVALI PONDA (Charter 16.02.2009):

- Marathi drama "Gopichi Topi" was staged in a local Ganesh pandal directed by renowned dramatist Dr. Vijay Thali. * * Balchetana Course was conducted for four days for students of Mahalaxmi English High School in association with Art of Living Group. Students were taught importance of breathing, pranayam, devotional songs, meditation etc. to inculcate spiritual growth and sound fitness. 50 students benefited. * An interactive session was held, wherein two Educationists – Shri Stephen Mathunny & Dr. Narayan Dessai shared their experiences in the field of education and interacted with the parents and the students of a local school. * Foundation stone was laid for the reconstruction of a house of a poor family, which had collapsed in monsoons in association with Madhavrao Dhavalikar Trust. * Fancy dress & story telling competitions were organized for students of a local Govt. Primary School. Ponda & Fugdi competitions were also held for village women in association with Parent – Teachers Association & Winners were awarded prizes.



Blood Donation Camp.

- * Prizes were sponsored for the winners of Khayal Geet & Ghumat Arti competitions organized by other local organizations during religious Saraswati pooja. * Konkani drama "Firangi Fatas" was sponsored and organized by Om Nam Creation during village "Jatra". All the drama artists were felicitated for their excellent performances. * Blood donation camp was organized in association Parent – Teachers Association & Ex-students association of a local school. 35

bottles of blood were collected. * Various competitions were organized for students of different schools in Ponda taluka on the occasion of Children's Day & Winners were awarded prizes.

PORVORIM (Charter 01.12.2003):

- Devotional Songs singing competition was organized for students of Sunnandabai Bandodkar High school. Many students participated and Winners were awarded prizes. * Members visited school for visually challenged to commemorate World Blind Day. They spent some time with the children and tried to understand their problems. Sweets and stationery were distributed to them as per their requirements.

PORVORIM SAHELI (CHARTER 23.11.2007):

- World Blind Day was celebrated, wherein a visually challenged couple - Dr. Madhav, Dr. Shilpa who are

doing a noble service in the field of physical rehabilitation of affected people were felicitated.



Members distributing sweets & stationery.

FEDERATION IN ACTION

FEDERATION – 1B:

Past Presidents Forum Meet was organized on 8th October, 2011, wherein 62 Past Presidents and Council Members had participated. Prof. Surendra Vajpayi, renowned socialist delivered a talk on 'Social Service' on this occasion. Dr. S. H. Agashe spoke on "Stress Management through Yoga". Many senior GIANTS dignitaries including Er. Ashok Hukkeri, Shri Rajesh Joshi – Central Committee Members, Mrs. Lalitha Vasan – President – Federation – 1B graced the occasion. Er. Abhay Wayal – I/c. – Past Presidents Forum was the Convener of the Meet.



Dignitaries in dais.

GIANTS INTERNATIONAL ACHIEVERS



Er. Ashok Hukkeri, Member – Central Committee & Founder Member of GIANTS Group of Dombivli has been presented “**VISHWA MANAV SEVA PRASHASTI – 2011**” by **Rashtrakavi Dr. Kuvempu Kala-Niketan, Bangalore.**

This Award was presented by the hands of Karnataka State Cultural Minister – Shri Govind Karjol on 15th November, 2011 at Ravindra Kala Kshetra, Bangalore.

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